

COURSE SCHEDULE & FEES 2026 - SRI LANKAN STUDENTS



COURSE	ACCREDITATION	DURATION	TIME	FEE
FOUNDATION				
Anatomy & Physiology	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
BEAUTY THERAPY				
Facial & Skincare	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
BODY THERAPY				
Body Treatments	IPHM UK	1 Month	10:00 - 16:00	59000 LKR
MASSAGE THERAPY				
Swedish Massage	IPHM UK	2 Months	10:00 - 16:00	59000 LKR
Sports Massage	IPHM UK	2 Months	10:00 - 16:00	59000 LKR
Deep Tissue Massage	IPHM UK	2 Months	10:00 - 16:00	59000 LKR
Thai Traditional Massage	IPHM UK	5 Days	10:00 - 16:00	69000 LKR
Thai Traditional Massage	ITM THAILAND	5 Days	10:00 - 16:00	110000 LKR
Hot Stone Massage	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Aromatherapy Massage	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Bamboo Massage	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Shiatsu Massage	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Hawaiian Lomi Lomi Massage	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Balinese Massage	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Foot Massage	IPHM UK	2 Months	10:00 - 16:00	59000 LKR
HEALTH & WELLNESS				
Abhyanga Massage	IPHM UK	2 Months	10:00 - 16:00	59000 LKR
Indian Head Massage	IPHM UK	2 Months	10:00 - 16:00	59000 LKR
Shirodhara	IPHM UK	4 Days	10:00 - 16:00	49000 LKR
Tibetan Singing Bowl Massage	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Cupping Therapy	IPHM UK	4 Days	10:00 - 16:00	49000 LKR
Reflexology	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Slimming Massage	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Lymphatic Drainage Massage	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Pregnancy Massage	IPHM UK	2 Months	10:00 - 16:00	69000 LKR
Baby Massage	IPHM UK	1 Day	10:00 - 16:00	25000 LKR
CAREER DEVELOPMENT				
Spa Management In-Person	IPHM UK	5 Days	10:00 - 16:00	350000 LKR
Spa Management Online Self-paced	IPHM UK	Online	Self-paced	250000 LKR
Spa Supervision	IPHM UK	5 Days	10:00 - 16:00	150000 LKR
Spa Therapy	IPHM UK	10 Days	10:00 - 16:00	125000 LKR
Spa Receptionist Services	IPHM UK	5 Days	10:00 - 16:00	100000 LKR

Life Wellness Academy

No.28/1A, Main Street, Battaramulla, Sri Lanka, 10120

Mobile/WhatsApp +94 77 574 4177

info@lifewellness.lk | www.lifewellness.lk